

Our Perfect Help and Hope
Psalm 146 (Page #525 in Pew Bible)

Big Idea: Make the LORD your perfect Help and Hope.

- I. An opening exhortation to _____ the LORD.
(146:1-2)

- II. An exhortation to never place your ultimate
_____ in a _____ leader. **(146:3-4)**

- III. An explanation of why the LORD is our
_____ Help and Hope. **(146:5-10a)**

- IV. A closing exhortation to _____ the LORD.
(146:10b)

Question: *“How can I know if I am resting in God as my perfect Help and Hope?!”*

- Where do you first turn for help, hope, and comfort when undesirable events or trials come?
- How do you respond when things do not go as you expected?
- How do you respond when your desired political candidates do not get elected?
- How would your family and friends answer these questions about you?

Implications from Psalm 146

- **We must praise God** above any human leader or above any other part of God’s creation.
- **We must reject the world’s allurements** to elevate God’s creation over its Creator.
- **We must rest in God as our perfect Help and Hope**, no matter what we may sense coming down the road or what we find entering the front door of our lives.
- **Be encouraged**—by God’s grace, **Christians can live this way** because of the Holy Spirit who indwells them and because of God’s unchanging promises!