Perfect Peace and Rest Psalm 131 (Page #519 in Pew Bible)

Big Idea: True rest comes when our hope is in the LORD.

I.	Those who are carefully and correctlyby God in His image must place their hope in the LORD. (131:1)
II.	Those who desire calm must place their hope in the LORD. (131:2)
III.	Those who desire confidence must place their hope in the LORD. (131:3)
them	cation: God gives His perfect rest to those who <u>humble</u> selves before Him and who place their <u>ultimate hope</u> in Him th in His Word.

Application:

- **Humble** your heart and soul before your Creator—the LORD.
- Worship the LORD by trusting and obeying His Word by faith.
- Place your ultimate hope in the LORD by <u>resting</u> in the perfect contentment and confidence of His Word of truth.