

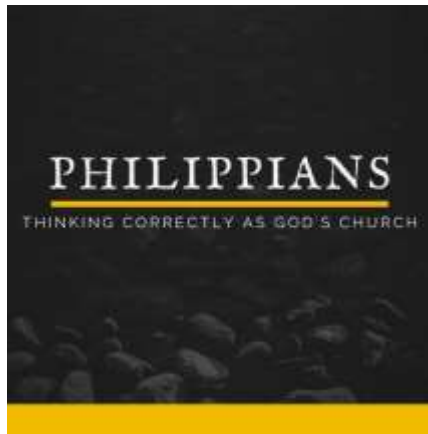
Thinking Correctly about Anxiety
Philippians 4:4-7

Big Idea: Anxiety ends when worship begins.

- I. God **prohibits** anxiety in all situations. (4:6a)

- II. God **prescribes** worship in all situations. (4:6b)

- III. God **promises** overwhelming peace in all situations. (4:7)



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- God delights to hear your thankful prayers of honesty and humility.

- God delights to answer your thankful prayers of worship.

Application

1. Pursue **thankfulness** as you live a life of grace-dependent worship.

2. **Learn to embrace** God's overwhelming peace in your daily battle against anxiety.

3. Surrender every **expectation** and dream to God's sovereign and gracious design.

Today God is calling me to **stop** being anxious about

- _____
- _____
- _____

and He is calling me to **worship** Him as I take these very real situations to Him through **thankful prayer**.

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